

EVENTS & OUTINGS CALENDAR
JULY 27, 2020 – AUGUST 2, 2020

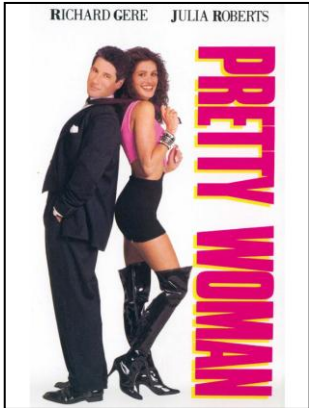

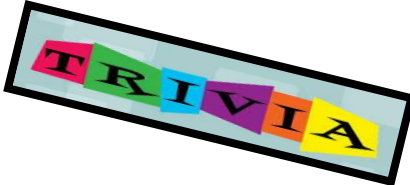


Sign up NOW!

Outings & In-house sign-up sheets are time-sensitive.
Be sure to check the book today, on the 2nd Floor Desk!

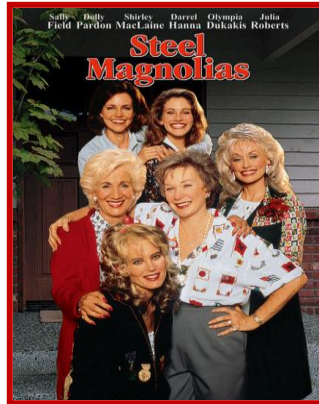
- **Mystery Ride** ~ Thursdays ~ Depart SummerWood at 12:30pm
- **Cheese & Cheers!** ~ August 11th & August 25th at 3:00pm
 - **SummerWood Goes to Camp!** ~ August 17th - 21st
 - **“Bob The History Guy”- Lecturer** ~ August 25th at 1:00pm

MONDAY, JULY 27, 2020

10:00 AM	<p><u>SUNNYSIDE CHAT WITH ELLEN</u> Start your day looking at the positive side of life!</p>	<p>BACK PATIO/OUTSIDE (WEATHER PERMITTING) OR <u>WELLNESS CENTER</u></p>
10:30 AM	<p><u>MONDAY MORNING EXERCISE WITH DAVE</u> Put some pep in your step with an energizing morning exercise regimen! <i>There are 10 seats available, first come first serve.</i></p>	<p>COMMUNITY CENTER 1ST FLOOR</p>
11:00 AM- 12:00 PM	<p><u>SNACK & BEVERAGE STATION</u> Stop by for a healthy snack and beverage.</p>	<p>CLUB ROOM 1ST FLOOR</p>
1:00 PM	<p><u>JULIA ROBERT'S BLOCKBUSTER WEEK!</u> "PRETTY WOMAN" (1990) Romantic/Comedy R 120 minutes <i>There are 10 seats available, first come first serve.</i></p>	<p>COMMUNITY CENTER 1ST FLOOR</p>
		
Starting 1:00 PM	<p><u>TELE-TRIVIA CHALLENGE</u> Ellen will be doing a Voicefriends message with the answers to these questions and challenge you with a few more. Be sure to listen in!</p> <p><u>CATEGORY: "FOOD FOR THOUGHT"</u></p> <ol style="list-style-type: none"> 1. This morning beverage not only gives you energy but also helps the brain process more information. 2. This marine protein is called "brain food." 3. These itty-bitty snacks help keep the brain healthy. 4. This type of "germ" is said to be full of vitamin E. 	<p>VIA VOICEFRIENDS (YOUR PHONE)</p>
		
2:15 PM	<p><u>TORAH CLASS WITH RABBI JAFFEE</u></p>	<p>THE CAFÉ 2ND FLOOR</p>

TUESDAY, JULY 28, 2020

- | | | |
|-------------------------------|--|---|
| 10:00 AM | <p><u>FINE ART WITH PAUL</u>
Meet Paul outside for not only an artistic experience but a sensory one as well.</p> | <p>BACK PATIO/OUTSIDE
(WEATHER PERMITTING)</p> |
| 10:30 AM | <p><u>SUMMERWOOD STITCHERS</u>
Our knitting group is back and ready to share the projects they have been working on and perhaps share a little gossip as well. <i>Resident directed program.</i></p> | <p>PERGOLA/OUTSIDE
(WEATHER PERMITTING)
OR
<u>THE CAFÉ</u></p> |
| 10:30 AM | <p><u>MORNING EXERCISE WITH DAVE</u>
Stretching and strengthening exercises will help you stay limber and strong.
<i>There are 10 seats available, first come first serve.</i></p> | <p>COMMUNITY CENTER
1ST FLOOR</p> |
| 11:00 AM-
12:00 PM | <p><u>SNACK & BEVERAGE STATION</u>
A healthy snack and beverage can be found in the Club.</p> | <p>CLUB ROOM
1ST FLOOR</p> |
| 1:00 PM | <p><u>JULIA ROBERT'S
BLOCKBUSTER WEEK!</u>
<u>"STEEL MAGNOLIAS"</u>
(1989) Drama/Tearjerker
PG 119 minutes
<i>There are 10 seats available,
first come first serve.</i></p> | <p>COMMUNITY CENTER
1ST FLOOR</p> |
| 1:30 PM | <p><u>BINGO</u> WITH DIANE
Be sure to come to The Café, with your dollar, to play!</p> | <p>THE CAFÉ
2ND FLOOR</p> |
| 3:00 PM-
4:00 PM | <p><u>Cheers</u> CHEESE & CHEER!
Enjoy this social experience that features a variety of delicious cheeses and wine. SummerWood's Executive Director Denise, will be on hand to converse with the attendees. You must pre-register for this program. Please contact Ellen, in Activities, at 860-920-1852.</p> | <p>BACK PATIO/OUTSIDE
(WEATHER PERMITTING)
OR
<u>THE CAFÉ</u></p> |



WEDNESDAY, JULY 29, 2020

- | | | | |
|---|--|--|-----------------------|
| 10:00 AM | <u>TRIVIA TIME</u> WITH ELLEN
Ellen will challenge you with a variety of Trivia! | BACK PATIO/OUTSIDE
(WEATHER PERMITTING)
OR WELLNESS CENTER | |
| 11:00 AM-
12:00 PM | <u>SNACK & BEVERAGE STATION</u>
Enjoy a snack and beverage, now available in the Club. | CLUB ROOM
1 ST FLOOR | |
| 11:30 AM | <u>YOGA</u> WITH GIA (LIVE WITH GIA!)
Enjoy the full yoga experience live with Gia! | BACK PATIO/OUTSIDE
(WEATHER PERMITTING) | |
| Starting
1:00 PM | <p><u>JULIA ROBERT'S
BLOCKBUSTER WEEK!</u></p> <p>“PELICAN BRIEF”</p> <p>(1993) Suspense/Drama
PG-13 141 minutes
Starring: Julia Roberts & Denzel Washington</p> <p><i>There are 10 seats available,
first come first serve.</i></p> | COMMUNITY CENTER
1 ST FLOOR | |
|  | Starting at
1:30 PM | <u>CORNER STORE GIFT SHOP CART</u>
Heading your way with crackers, candy bars, peanuts and more. Just be sure to have your <i>dollars</i> handy! | YOUR APARTMENT |
| 2:15 PM | <u>TORAH CLASS</u> WITH RABBI JAFFEE
<i>Seating is limited, first come first serve.</i> | THE CAFÉ
2 ND FLOOR | |



TISH B'AV BEGINS AT SUNDOWN

THURSDAY, JULY 30, 2020





10:30 AM	<p><u>MORNING EXERCISE WITH DAVE</u> This class is designed to focus on all areas of the body, head to toe, to promote flexibility and balance. <i>There are 10 seats available, first come first serve.</i></p>	COMMUNITY CENTER 1ST FLOOR
11:00 AM- 12:00 PM	<p><u>SNACK & BEVERAGE STATION</u> Be sure to stop by for a healthy snack and beverage.</p>	CLUB ROOM 1ST FLOOR
12:30 PM	<p><i><u>MYSTERY RIDE.....</u></i></p>	OUTING
1:00 PM	<p><u>NEW RELEASE HISTORICAL MOVIE:</u> “HARRIET” (2019) Drama/Biography PG-13 125 minutes <i>There are 10 seats available, first come first serve.</i></p>	COMMUNITY CENTER 1ST FLOOR
2:00 PM	<p><u>WORD MINING WITH DIANE</u> Everyone needs a fun healthy cognitive challenge!</p>	WELLNESS CENTER 2ND FLOOR

TISH B' AV ENDS



FRIDAY, JULY 31, 2020

- 10:30 AM** **FRIDAY MORNING EXERCISE** WITH DAVE
Keep going strong with your daily “Dave” program!
There are 10 seats available, first come first serve.
- 11:00 AM-12:00 PM** **SNACK & BEVERAGE STATION**
Be sure to stop by for a healthy snack and beverage.
- 11:30 AM**  WITH DIANE
Please bring your \$1.00 to play & good luck!
- 1:00 PM** **JULIA ROBERT’S BLOCKBUSTER WEEK!**
“STEEL MAGNOLIAS”
 (1989) Drama/Tearjerker PG 119 minutes
There are 10 seats available, first come first serve.
- 2:00 PM** **CREATIVE WORD PLAY**
WITH ANDY WEIL
Yes, he’s back! Not only is Andy a wonderful wordsmith but he will keep you totally engaged and holding your sides with laughter! He’s like watching a standup Comedian in action! Don’t miss out....
- 7:52 PM** **CANDLE LIGHTING**

**COMMUNITY CENTER
1ST FLOOR**

**CLUB ROOM
1ST FLOOR**

**THE CAFÉ
2ND FLOOR**

**COMMUNITY CENTER
1ST FLOOR**

BACK PATIO/OUTSIDE
(WEATHER PERMITTING)



SATURDAY, AUGUST 1, 2020

**7:30AM &
9:00 AM**

BREAKFAST *DELIVERY* BEGINS

YOUR APARTMENT



**9:00AM
&
9:45AM**

SHABBAS SERVICES WITH RABBI JAFFEE
FOLLOWED BY A SMALL KIDDUSH.

**COMMUNITY CENTER
1ST FLOOR**

**5:15PM &
6:15 PM**

DINNER *DELIVERY* BEGINS

YOUR APARTMENT

8:55 PM

SHABBAT ENDS

SUNDAY, AUGUST 2, 2020

10:00 AM **SUNDAY MORNING EXERCISE WITH DAVE** **COMMUNITY CENTER**
It's Sunday, and Dave is here to make sure you don't miss **1ST FLOOR**
out on your daily exercise!

11:30 AM **JULIA ROBERT'S WEEK ENDS!** **COMMUNITY CENTER**
"PELICAN BRIEF" **1ST FLOOR**
(1993) Suspense/Drama PG-13 141 minutes
Starring: Julia Roberts & Denzel Washington
There are 10 seats available, first come first serve.



Starting at
2:00 PM

VIA VOICEFRIENDS
(YOUR PHONE)

Can you figure out what this is by the clues that are provided? Ellen will be doing a Voicefriends message with more clues and finally the answer!

1. *I've existed, albeit in primitive forms, for centuries.*
2. *I traveled via the Romans' aqueduct system.*
3. *Philosopher Seneca thought I was only for the weak.*
4. *I figure into many architectural plans.*
5. *In the past, I've been powered by horses, wind power, and steam.*
6. *I was a comfort to President James Garfield.*
7. *An important piece of my history lives in the Smithsonian's National Museum of American History.*
8. *I made my public debut at the 1904 World's Fair.*
9. *I might not exist at all without Nikola Tesla.*
10. *Homes at higher latitudes probably don't have me.*

Do you know what I am?

