

EVENTS & OUTINGS CALENDAR
APRIL 1, 2019 – APRIL 7, 2019




Signup for these Outings Today!

- April 5th - Presidents' College Fellows Lecture
- April 7th - Playhouse on Park Presents: *"Stop/Time Dance"*
- April 10th - Beth El Lunch & Concert - *"Music for the Jewish Soul"*
- June 13th - Goodspeed Opera House Presents: *"The Music Man"*
- August 28th - Playhouse on Park Presents: *"SPAMILTON"*

*You can signup in the Outings/Activities Book, on the desk,
2nd Floor, outside the Wellness Center.*



MONDAY, APRIL 1, 2019

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| 10:30 AM | MEDITATION & RELAXATION WITH DALISHA
Are you overly stressed and feeling overwhelmed in your daily life? This is a great opportunity to relax and gently move beyond the emotional clutter in your mind. | WELLNESS CENTER
2ND FLOOR |
| 11:30 AM | STAYING FIT WITH ROSE
While Betty's away.... take advantage of continuing your daily exercise program with Rose, who is not only a staff member in the Transportation Department, but runs an excellent exercise class! | COMMUNITY CENTER
1ST FLOOR |
| 11:30 AM | JCC LUNCHEON
FEATURING HARTT MUSICAL THEATER STUDENTS
Enjoy a delicious kosher lunch followed by wonderful musical entertainment, Broadway Melodies Showcase, by the Hartt Musical Theater Students. | TICKET HOLDERS |
| 1:00 PM | 
KIBITZING WITH THE DINING SERVICES LEADERS
An hour of constructive dining dialogue; questions and suggestions are welcome. Members are highly recommended to attend. | COMMUNITY CENTER
1ST FLOOR |
| 2:00 PM | AFTERNOON SOCIAL WITH DALISHA
Get together before Word Mining for a beverage and light snack! | THE CAFÉ
2ND FLOOR |
| 3:00 PM | WORD MINING WITH ELLEN & DALISHA
Everyone needs a fun healthy cognitive challenge! | WELLNESS CENTER
2ND FLOOR |
| 4:15 PM | MINYAN, MEMBER DIRECTED | CLUB ROOM
1ST FLOOR |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 8:00 PM | ACTION ADVENTURE MOVIE: "THE CORE"
(2003) Fantasy/Sci-Fi PG-13 134 minutes
Starring: Aaron Eckhart, Hiliary Swank, Stanley Tucci
<i>Full synopsis posted in the Lobby & the Activity Book</i> | COMMUNITY CENTER
1ST FLOOR |





TUESDAY, APRIL 2, 2019

9:00 AM- 12:30 PM	NOVA HEARING SERVICES Please sign up for an appointment, on the desk nearest the Sundry Shop and don't forget to look for Sam's latest newsletter!	WELLNESS CENTER 2ND FLOOR BY APPOINTMENT
10:00 AM	FINE ART WITH PAUL Stop by the Center today and take your first step to exploring this therapeutic creative outlet!	THE CENTER 2ND FLOOR
11:30 AM	CHAIR YOGA WITH LISA Lisa's class is fashioned with our members in mind by performing Yoga movements right from your chair!	COMMUNITY CENTER 1ST FLOOR
12:00 PM- 1:00 PM	THE SUNDRY SHOP IS OPEN! The Sundry Shop always has a great variety of merchandise to choose from.	THE CAFÉ 2ND FLOOR
12:15 PM	HANDBELL CHOIR WITH YVES Stop by, pick up a bell or simply sit, listen and enjoy!	WELLNESS CENTER 2ND FLOOR
1:45 PM	MEMBER RECOMMENDED MOVIE: "OPEN RANGE" (2003) Action/Adventure/Drama R 139 minutes Starring: Kevin Costner, Robert Duvall, Annette Bening <i>Full synopsis posted in the Lobby & the Activity Book</i>	COMMUNITY CENTER 1ST FLOOR
4:00 PM	OUTING: PRESIDENT'S COLLEGE LECTURE "WOMEN IN OPERA" WITH DORIS LANG KOSLOFF	SIGN ACTIVITY BOOK
4:15 PM	MINYAN, MEMBER DIRECTED	CLUB ROOM 1ST FLOOR
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	MEMBER RECOMMENDED ENCORE: "OPEN RANGE" <i>Full synopsis posted in the Lobby & the Activity Book</i>	COMMUNITY CENTER 1ST FLOOR

WEDNESDAY, APRIL 3, 2019


9:30 AM	BLOOD PRESSURE CLINIC Stop in and have your Blood Pressure checked today!	THE CENTER 2ND FLOOR
10:00 AM	CURRENT EVENTS WITH ELLEN Are you up on the latest events taking place in our state, our country, our world? Here's your chance to join this lively discussion!	WELLNESS CENTER 2ND FLOOR
11:30 AM	STAYING FIT WITH ROSE Rose will guide you through her energetic exercise class that is designed to build stamina and improve balance.	COMMUNITY CENTER 1ST FLOOR
12:15 PM	HARTFORD STAGE WITH THE JCC JEEVES AND WOOSTER IN "PERFECT NONSENSE" <i>Season ticketholders listed in Activity Book- 2nd Floor</i>	TICKET HOLDERS
1:00 PM	ROMANTIC COMEDY MOVIE: "A FOOL AND HIS MONEY" (2004) Comedy/Romance R 81 minutes Starring: Sandra Bullock, Jonathan Penner <i>Full synopsis posted in the Lobby & the Activity Book</i>	COMMUNITY CENTER 1ST FLOOR
3:15 PM	ISRAELI MUSIC & YIDDISH STORY TELLING WITH CONNIE Connie is here to share her love of Yiddish and Israeli music with our SummerWood members. Join in for a nostalgic hour of music and Yiddish folklore.	CLUB ROOM 1ST FLOOR
4:15 PM	MINYAN, MEMBER DIRECTED	CLUB ROOM 1ST FLOOR
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	ROMANTIC COMEDY ENCORE: "A FOOL AND HIS MONEY" <i>Full synopsis posted in the Lobby & the Activity Book</i>	COMMUNITY CENTER 1ST FLOOR

THURSDAY, APRIL 4, 2019

9:00 AM	FOOTCARE NURSE WITH KATHY BRENNAN, APRN Please make your appointments with the front desk.	THE SALON 2ND FLOOR
10:30 AM	PASSOVER RESPONSE MEETING This is the first of two meetings to find out more information about the upcoming Passover Dinner and Seder Service. Please bring the enclosed response form, found in your Passover invitation. The next meeting is being held April 10 th . <i>Thank you.</i>	COMMUNITY CENTER 1ST FLOOR 
11:30 AM	YOGA WITH GIA Begin your day with an uplifting session of Yoga.	COMMUNITY CENTER 1ST FLOOR
12:00 PM-1:00 PM	SUNDRY SHOP We are now open for business!	THE CAFÉ 2ND FLOOR
1:00 PM	MUSICAL ENTERTAINMENT WITH JEROME RILEY Jerome won a lead position in the 80's with Herb Reed and the Platters. He currently performs as a solo artist entertaining his audiences with songs from the 50's and 60's. This is a must see program, don't miss out!	THE CAFÉ 2ND FLOOR 
3:00 PM	FUN WITH THE RABBI! Enjoy an hour of discussion, music and education with Rabbi Alan Lefkowitz. <i>Minyan to follow directly after Rabbi's program.</i>	COMMUNITY CENTER 1ST FLOOR
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	MEMBER REQUESTED MOVIE: "THE ADVENTURES OF MILO AND OTIS" (1989) Family/Adventure G 75 minutes Starring: Dudley Moore <i>Full synopsis posted in the Lobby & the Activity Book</i>	COMMUNITY CENTER 1ST FLOOR



FRIDAY, APRIL 5, 2019



9:30 AM	ERRANDS & SHOPPING: BISHOPS CORNER Big Y, Crown Market, Marshalls, Harvey & Lewis.... <i>Refer to Activity Book for a full listing of stores available.</i>	SIGN ACTIVITY BOOK
10:30 AM	JEWELRY MAKING WITH DALISHA Stop by The Center and Dalisha will assist you in creating a piece of jewelry that you can give away as a gift or keep for yourself!	THE CENTER 2ND FLOOR
11:30 AM	EXERCISE WITH DAVE Join Dave in a gentle chair exercise class geared to those active individuals looking for loads of fun and a little extra vigor in their workout!	COMMUNITY CENTER 1ST FLOOR
1:00 PM	OUTING: PRESIDENT'S COLLEGE LECTURE "WHY HARRIET BEECHER STOWE MATTERS TODAY" WITH BRIANN G. GREENFIELD	SIGN ACTIVITY BOOK
1:00 PM	FRIDAY FLASHBACK MOVIE MUSICAL: "ROYAL WEDDING" (1951) Classic/Musical NR 93 minutes Starring: Fred Astaire, Jane Powell, Peter Lawford <i>Full synopsis posted in the Lobby & the Activity Book</i>	COMMUNITY CENTER 1ST FLOOR
3:00 PM	 WITH DALISHA After the matinee movie, head to The Café for a sporting game of Bingo! Be sure to bring your dollar to play!	THE CAFÉ 2ND FLOOR
4:15 PM	MINYAN, MEMBER DIRECTED	CLUB ROOM 1ST FLOOR
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
7:03 PM	LIGHT SHABBAT CANDLES <i>Candles are lit in the Dining Room & Front Lobby</i>	DINING ROOM & FRONT LOBBY

SATURDAY, APRIL 6, 2019

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| 9:45 AM | TRANSPORTATION TO SYNAGOGUE SERVICE
Please refer to the Activity Sign Up Book for specific listing of synagogues, departure times and return times. | SIGN ACTIVITY BOOK |
| 11:00 AM | SATURDAY FIT CLUB WITH BETH
Get your weekend off to a great, healthy start with Beth! Exercise will help you with balance, range of motion, endurance and strength. Stop in today; you won't regret it! | COMMUNITY CENTER
1ST FLOOR |
| 12:00 PM | SNACKS & SNEAK PEEK OF THE WEEK
WITH DERRICK
Come to the Café for a cold drink and snack. Also, next week's calendar is available in your in-house mailboxes for your perusal today. | THE CAFÉ
2ND FLOOR |
| 1:30 PM | NEW RELEASE-FOREIGN LANGUAGE FILM:
"A BAG OF MARBLES"
(2018) Drama/Foreign NR 112 minutes
Starring: Dorian Léclech, Batiste Fleuria
<i>Movie is in French with English Subtitles.</i>
<i>Full synopsis posted in the Lobby & in the Activity Book.</i> | COMMUNITY CENTER
1ST FLOOR |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 8:00 PM | NEW RELEASE-FOREIGN LANGUAGE ENCORE:
"A BAG OF MARBLES"
<i>Movie is in French with English Subtitles.</i>
<i>Full synopsis posted in the Lobby & in the Activity Book.</i> | COMMUNITY CENTER
1ST FLOOR |
| 8:04 PM | SHABBAT ENDS | |

SUNDAY, APRIL 7, 2019



10:30 AM	FIRESIDE CHAT WITH SOPHIA What happened today in History? Join Sophia and find out about the people and events that affected the news today!	FRONT LOBBY 1ST FLOOR
11:30 AM	EXERCISE WITH LIZ Rain or shine, hot or cold...SummerWood offers exercise seven days a week! Liz is here every Sunday to help you get motivated, increase muscular strength and improve your range of motion.	COMMUNITY CENTER 1ST FLOOR
12:30 PM	 WITH SOPHIA Bingo is a game of luck and chance. Join us in the Café and see if “lady luck” is shining on you! <i>Bring \$1.00 to play!</i>	THE CAFÉ 2ND FLOOR
1:15 PM	PLAYHOUSE ON PARK PRESENTS: “REEL TO REAL: DANCE STOP/TIME”	TICKET HOLDERS
2:00 PM	<p style="text-align: center;">ACADEMY AWARD WINNING MOVIE! BEST PICTURE OF 2018: “GREEN BOOK”</p> (2018) Drama/Based on Real life PG-13 130 minutes Starring: Viggo Mortensen, Mahershala Ali, Linda Cardellini <i>Full synopsis posted in the Lobby & in the Activity Book.</i>	COMMUNITY CENTER 1ST FLOOR 
4:15 PM	MINYAN, MEMBER DIRECTED	CLUB ROOM 1ST FLOOR
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	<p style="text-align: center;">BEST PICTURE OF 2018 ENCORE: “GREEN BOOK”</p> <i>Full synopsis posted in the Lobby & in the Activity Book.</i>	COMMUNITY CENTER 1ST FLOOR