

EVENTS & OUTINGS CALENDAR  
JULY 16, 2018 – JULY 22, 2018



MEMBER COUNCIL ANNOUNCED:

It's official! Please join us in welcoming the new SummerWood Member Council Representatives:

PRESIDENT.....	BARBARA RUDERMAN
VICE PRESIDENT .....	JOAN WEINBERG
SECRETARY.....	DAVID WOLANSKY
TREASURER.....	GAIL KARASIK
MEMBER AT LARGE.....	SHIRLEY GERROL

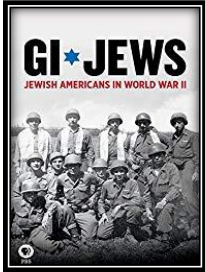
JUST A LITTLE  
*Reminder*

- Transportation for medical appointments are complimentary with proper notice within an 8-mile radius of Hoffman SummerWood
- Please remember to put your requests in early; at *minimum* 2 workdays in advance of your appointment...requests are not checked on the weekend or holidays
- If you make other arrangements for transportation after putting in your request, please notify the front desk, Amy or a driver as soon as possible
- There is a transportation fee for transportation to areas outside of the 8-mile radius, transportation before or after transportation hours and/or transportation requests made with less than 48-hours notice.

*For more information regarding transportation, please refer to your member handbooks.*

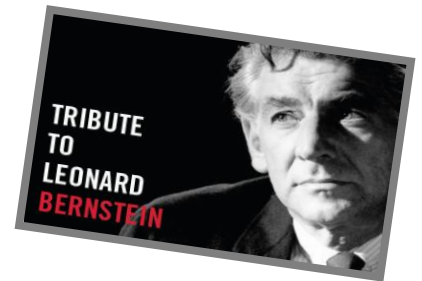
*Thank you!*

## MONDAY, JULY 16, 2018

- |                 |   |   |
|-----------------|---|---|
| <b>9:30 AM</b>  | <b>SHOPPING: AVON/CANTON STORES</b><br><i>See the Activity Book for full listing of stores available.</i>   | <b>SIGN ACTIVITY BOOK</b>   |
| <b>10:30 AM</b> | <b>MEDITATION &amp; RELAXATION WITH ELLEN</b><br>Begin your wellness routine this morning through creative visualization and deep breathing techniques.   | <b>WELLNESS CENTER<br/>2<sup>ND</sup> FLOOR</b>                                       |
| <b>11:30 AM</b> | <b>SIT N' FIT WITH BETTY</b><br>Make exercise a part of your daily routine. Participate at your own pace as Betty guides you through exercises that will energize you!  | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b>                                      |
| <b>1:00 PM</b>  | <b>"GI *JEWS: JEWISH AMERICANS IN WWII"<br/>NEW REALEASE DOCUMENTARY &amp;<br/>DISCUSSION WITH DAVID WOLANSKY</b><br>(2018) Historical/Documentary 90 minutes<br>GI JEWS tells the story of the 550,000 Jewish American men and women who fought in World War II. David will lead a discussion group following this wonderful new documentary.<br><i>Full synopsis posted in the Lobby &amp; the Activity Book</i><br><i>**Doors will be closed at 1pm... Encore at 3pm</i> | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b>                                      |
|                 |   |  |
| <b>3:00 PM</b>  | <b>ENCORE: GI *JEWS:<br/>JEWISH AMERICANS IN WWII</b>   | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b>                                      |
| <b>3:00 PM</b>  | <b>WORD MINING</b><br>Exercising your brain is just as important as exercising your body. Stop in for a great cognitive workout! Word Mining is fun, challenging and entertaining!  | <b>WELLNESS CENTER<br/>2<sup>ND</sup> FLOOR</b>                                       |
| <b>4:15 PM</b>  | <b>MINYAN, MEMBER DIRECTED</b>  | <b>CLUB ROOM<br/>1<sup>ST</sup> FLOOR</b>   |
| <b>4:45 PM</b>  | <b>1<sup>ST</sup> REGULAR DINNER SEATING</b>  | <b>DINING ROOM</b>  |
| <b>6:30 PM</b>  | <b>2<sup>ND</sup> REGULAR DINNER SEATING</b>  | <b>DINING ROOM</b>  |
| <b>8:00 PM</b>  | <b>ENCORE: GI *JEWS:<br/>JEWISH AMERICANS IN WWII</b>   | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b>                                      |

## TUESDAY, JULY 17, 2018

- |                         |  |  |
|-------------------------|--|--|
| <b>10:00 AM</b>         | <b>FINE ART WITH PAUL</b><br>Stop by the Center today and take your first steps to exploring a wonderfully therapeutic, creative outlet.   | <b>THE CENTER</b><br><b>2<sup>ND</sup> FLOOR</b>       |
| <b>11:30 AM</b>         | <b>CHAIR YOGA VIDEO WITH GIA</b><br>Get your morning workout with this inspiring video!  | <b>COMMUNITY CENTER</b><br><b>1<sup>ST</sup> FLOOR</b> |
| <b>12:00 PM-1:00 PM</b> | <b>THE SUNDRY SHOP IS OPEN!</b><br>Stop by to see the newest merchandise in our Sundry Shop!   | <b>THE CAFÉ</b><br><b>2<sup>ND</sup> FLOOR</b>         |
| <b>12:30 PM</b>         | <b>AFTERNOON SOCIAL &amp; TRIVIA WITH ELLEN</b><br>Grab a cool drink & fun trivia before the lecture.  | <b>THE CAFÉ</b><br><b>2<sup>ND</sup> FLOOR</b>         |
| <b>2:00 PM</b>          | <b>LECTURE WITH MUSIC HISTORIAN, JEFFREY ENGEL</b><br><b>“LEONARD BERNSTEIN &amp; HIS BROADWAY MUSICALS”</b><br>Leonard Bernstein is best remembered by classical music lovers as the music director of the New York Philharmonic, the presenter of his extremely popular Young Peoples Concerts and as the composer of operas, ballets, symphonies and virtually every other form of music. Not to be forgotten is that he wrote the music for five Broadway musicals including.... West Side Story, a truly great one. | <b>COMMUNITY CENTER</b><br><b>1<sup>ST</sup> FLOOR</b> |
| <b>3:10 PM</b>          | <b>SENIOR VOICES WITH ANDY WEIL</b><br><b>EXPRESSING YOURSELF THROUGH POETRY</b><br>Freedom of expression is highly regarded in Andy’s writing program! Join the group discussion today!   | <b>THE CENTER</b><br><b>2<sup>ND</sup> FLOOR</b>       |
| <b>4:15 PM</b>          | <b>MINYAN, MEMBER DIRECTED</b>   | <b>CLUB ROOM</b><br><b>1<sup>ST</sup> FLOOR</b>        |
| <b>4:45 PM</b>          | <b>1<sup>ST</sup> REGULAR DINNER SEATING</b>   | <b>DINING ROOM</b>                                     |
| <b>6:30 PM</b>          | <b>2<sup>ND</sup> REGULAR DINNER SEATING</b>   | <b>DINING ROOM</b>                                     |
| <b>8:00 PM</b>          | <b>MEMBER REQUESTED FILM: “GUILT TRIP”</b><br>(2012) Comedy/Family PG-13 96 minutes<br>Starring: Seth Rogan, Barbra Streisand<br><i>Full synopsis posted in the Lobby &amp; the Activity Book</i>  | <b>COMMUNITY CENTER</b><br><b>1<sup>ST</sup> FLOOR</b> |





## WEDNESDAY, JULY 18, 2018


<b>10:30 AM</b>	<b>MEDITATION &amp; RELAXATION</b> Start off your day the right way by centering not only your mind, but your body too!	<b>WELLNESS CENTER</b> <b>2<sup>ND</sup> FLOOR</b>
<b>11:00 AM</b>	<b>WEST HARTFORD SENIOR CENTER PICNIC</b> <b>WITH MUSIC BY THE ELDERLY BROTHERS!</b>	<b>TICKET HOLDERS</b>
<b>11:30 AM</b>	<b>SIT N' FIT WITH BETTY</b> Get energized while using your entire body with a non-impact exercise routine. Betty adjusts her program to fit your individual needs and abilities.	<b>COMMUNITY CENTER</b> <b>1<sup>ST</sup> FLOOR</b>
<b>1:00 PM</b>	<b>NEW RELEASE MOVIE: "WHERE IS KYRA"</b> (2018) Drama R 98 minutes Starring: Michelle Pfeiffer, Kiefer Sutherland <i>Full synopsis posted in the Lobby &amp; the Activity Book</i>	<b>COMMUNITY CENTER</b> <b>1<sup>ST</sup> FLOOR</b>
<b>3:15 PM</b>	<b>ISRAELI MUSIC &amp; YIDDISH STORY TELLING</b> <b>WITH CONNIE</b> Enjoy some lively Israeli music and Yiddish storytelling with Connie, and stay for Minyan!	<b>CLUB ROOM</b> <b>1<sup>ST</sup> FLOOR</b>
<b>4:15 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>CLUB ROOM</b> <b>1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<b>NEW RELEASE MOVIE ENCORE:</b> <b>"WHERE IS KYRA"</b> <i>Full synopsis posted in the Lobby &amp; the Activity Book</i>	<b>COMMUNITY CENTER</b> <b>1<sup>ST</sup> FLOOR</b>

## THURSDAY, JULY 19, 2018

<b>11:30 AM</b>	<b>YOGA WITH GIA</b> Yoga is a great way to improve overall health and well-being .... start your day off right with Gia's Chair Yoga!	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>12:00 PM- 1:00 PM</b>	<b>THE SUNDRY SHOP IS OPEN</b> The Sundry Shop is now open and our shopkeepers are more than happy to help you find what you need!	<b>THE CAFÉ 2<sup>ND</sup> FLOOR</b>
<b>12:30 PM</b>	<b>AFTERNOON SOCIAL &amp; FUN WITH ELLEN</b> See what Ellen has up her sleeve today while enjoying a nice cold beverage and snack!	<b>THE CAFÉ 2<sup>ND</sup> FLOOR</b>
<b>2:00 PM</b>	<b>HISTORY REMEMBERED WITH INSPIRATIONAL SPEAKER, ROBERT MCILHENNY "AMERICA'S MOST SUCCESSFUL LOSERS"</b> Many of our most successful citizens, didn't start out that way. Indeed it was their extraordinary failures that made such an incredible impact on them which became the key to their phenomenal success. Some became presidents; others did enormously well in business and science. Can you guess who some of them might be?	<b>COMMUNITY CENTER 2<sup>ND</sup> FLOOR</b>
<b>4:15 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>CLUB ROOM 1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<b>MEN'S PICK MOVIE: "STAR TREK IV: THE VOYAGE HOME"</b> (1986) Sci Fi/Fantasy PG 118 minutes Starring: William Shatner, Leonard Nimoy <i>Full synopsis posted in the Lobby &amp; the Activity Book</i>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>



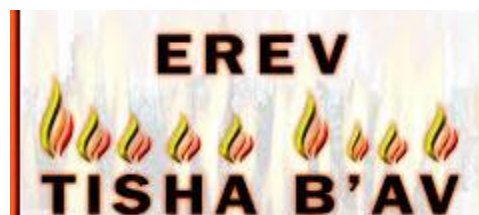
## FRIDAY, JULY 20, 2018

<b>9:30 AM</b>	<b>ERRANDS &amp; SHOPPING: BISHOPS CORNER</b> Big Y, Crown Market, Marshalls, Harvey & Lewis.... <i>Refer to Activity Book for a full listing of stores available.</i>	<b>SIGN ACTIVITY BOOK</b>
<b>11:30 AM</b>	<b>SIT N' FIT WITH BETTY</b> Betty will guide you through her energetic exercise class that is designed to build stamina and improve balance.	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>1:00 PM</b>	<b>BACK BY REQUEST MOVIE:</b> <b>"P. S. I LOVE YOU"</b> (2007) Drama/Romantic PG-13 127 minutes Starring: Hilary Swank, Gerard Butler, Kathy Bates <i>Full synopsis posted in the Lobby &amp; the Activity Book</i>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>3:00 PM</b>	 <b>WITH COLETTA</b> Join your friends for a competitive game of Bingo! Come early and please bring \$1.00 to play!	<b>THE CAFÉ 2<sup>ND</sup> FLOOR</b>
<b>4:15 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>CLUB ROOM 1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:03 PM</b>	<b>LIGHT SHABBAT CANDLES</b> <i>Candles are lit in the Dining Room &amp; Front Lobby</i>	<b>DINING ROOM &amp; FRONT LOBBY</b>



## SATURDAY, JULY 21, 2018

- |                 |   |  |
|-----------------|---|--|
| <b>9:45 AM</b>  | <b>TRANSPORTATION TO SYNAGOGUE SERVICE</b><br>Please refer to Activity Sign Up Book for specific listing of synagogues, departure times and return times.   | <b>SIGN ACTIVITY BOOK</b>                        |
| <b>11:00 AM</b> | <b>SATURDAY FIT CLUB WITH BETH</b><br>Beth offers you the opportunity to attend an exercise class that will help you maintain balance, strength and increase your range of motion. A great way to begin your weekend!   | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b> |
| <b>12:00 PM</b> | <b>SNACKS &amp; SNEAK PEEK OF THE WEEK</b><br>Enjoy a cool beverage, a snack and great conversation with your friends and neighbors. Don't forget to check for next week's Events & Outings Calendar, available in your in-house mailbox located in the Center. | <b>THE CAFÉ<br/>2<sup>ND</sup> FLOOR</b>         |
| <b>1:30 PM</b>  | <b>ROMANTIC ADVENTURE FILM:<br/>"SIX DAYS, SEVEN NIGHTS"</b><br>(1998) Comedy/Adventure PG-13 102 minutes<br>Starring: Harrison Ford, Anne Heche, David Schwimmer<br><i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>                       | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b> |
| <b>4:45 PM</b>  | <b>1<sup>ST</sup> REGULAR DINNER SEATING</b>  | <b>DINING ROOM</b>                               |
| <b>6:30 PM</b>  | <b>2<sup>ND</sup> REGULAR DINNER SEATING</b>  | <b>DINING ROOM</b>                               |
| <b>8:00 PM</b>  | <b>ROMANTIC ADVENTURE ENCORE:<br/>"SIX DAYS, SEVEN NIGHTS"</b><br><i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>  | <b>COMMUNITY CENTER<br/>1<sup>ST</sup> FLOOR</b> |
| <b>9:09 PM</b>  | <b>SHABBAT ENDS</b>   |  |



*TISH B'AV BEGINS AT SUNDOWN*

## SUNDAY, JULY 22, 2018



<b>11:00 AM</b>	<p><b>EXERCISE WITH LIZ</b> Get the blood flowing with this fun and energizing exercise class that is designed to increase strength, range of motion and improve balance.</p>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>1:00 PM</b>	<p><b>ACADEMY AWARD WINNING MOVIE: "THE GREEN MILE"</b> (1999) Crime/Drama R 189 minutes Starring: Tom Hanks, Michael Clarke Duncan, David Morse, James Cromwell, Sam Rockwell <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i></p>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>1:15 PM</b>	<p><b>THEATERWORKS PRESENTS "HAND TO GOD"</b> HAND TO GOD explores the startlingly fragile nature of faith, morality, and the 'puppets' that bind us. <i>Tony Award nominee for Best Play 2015</i></p>	<b>TICKET HOLDERS</b>
<b>4:15 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>CLUB ROOM 1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<p><b>ACADEMY AWARD WINNING ENCORE: "THE GREEN MILE"</b> <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i></p>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>