

EVENTS & OUTINGS CALENDAR  
OCTOBER 21, 2019 – OCTOBER 27, 2019



SHEMINI ATZERET & SIMCHAT TORAH: OCTOBER 21<sup>ST</sup> & 22<sup>ND</sup>

✚ OCTOBER 21<sup>ST</sup> TRANSPORTATION TO SYNAGOGUE

✚ OCTOBER 22<sup>ND</sup> TRANSPORTATION TO SYNAGOGUE

2:00 PM YIZKOR & SIMCHAT TORAH PARTY

With Rabbi Alan Lefkowitz

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**ELECTION**  
**2019**  
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Municipal elections around the country are just under three weeks away, and the ballot in West Hartford contains a full slate of candidates for town council and Board of Education.

VOTING~ October 24<sup>th</sup> ~ The Registrar of Voters is here, at SummerWood!  
9am- 11am in the Club Room. If you need assistance see Ellen.



## MONDAY, OCTOBER 21, 2019



<b>9:30 AM</b>	<b>TRANSPORTATION TO SYNAGOGUES</b> <i>Holiday Services</i>	<b>SIGN ACTIVITY BOOK</b>
<b>11:30 AM</b>	<b>SIT N' FIT WITH BETTY</b> Exercise with Betty is available to you today, so do not miss this opportunity to begin your day healthy.	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:43 PM</b>	<b>LIGHT HOLIDAY CANDLES</b>	<b>FRONT LOBBY &amp; DINING ROOM</b>

**TUESDAY, OCTOBER 22, 2019**



<b>9:30 AM</b>	<b>TRANSPORTATION TO SYNAGOGUES</b> <i>Holiday Services</i>	<b>SIGN ACTIVITY BOOK</b>
<b>11:30 AM</b>	<b>CHAIR YOGA WITH LISA</b> Yoga is a great way to relax from head to toe. It also helps increase your flexibility and improving your health through slow purposeful movements.	<b>COMMUNITY CENTER 1ST FLOOR</b>
<b>2:00 PM</b>	<b>YIZKOR &amp; SIMCHAT TORAH PARTY WITH RABBI ALAN</b> Simchat Torah celebrates and marks the conclusion of the annual cycle of public Torah readings and the beginning of a new cycle. Come join the celebration with your neighbors and Rabbi Alan. <i>Light refreshments will be served</i>	<b>COMMUNITY CENTER 1ST FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:41 PM</b>	<b>HOLIDAY ENDS</b>	



## WEDNESDAY, OCTOBER 23, 2019

**10:00 AM**

### **CURRENT EVENTS WITH ELLEN**

Don't miss this great discussion group! All view points are welcome and feel free to bring an interesting article, magazine or a topic for our conversation.

**WELLNESS CENTER  
2<sup>ND</sup> FLOOR**



**11:30 AM**

### **SIT N' FIT WITH BETTY**

This class is designed to focus on all areas of the body, head to toe, to promote flexibility and balance.

**WELLNESS CENTER  
2<sup>ND</sup> FLOOR**

**12:30 PM**

### **GAMES WITH FRIENDS**

Meet before the Birthday Celebration for a challenging but fun, game of your choice!

**THE CAFÉ  
2<sup>ND</sup> FLOOR**

**2:00 PM**

### **OCTOBER BIRTHDAY BASH & MUSIC WITH MICKEY WYLLYS**

It's time to celebrate the October birthdays! Enjoy the multi-talented entertainer Mickey Wyllys who not only plays the guitar and harmonica but does spirited renditions of the most enduring songs in popular music. Join us for a festive afternoon! *Everyone is invited!*

**COMMUNITY CENTER  
1<sup>ST</sup> FLOOR**

**3:15 PM**

### **ISRAELI MUSIC & YIDDISH STORY TELLING WITH CONNIE**

Listen to favorite Israeli music and brush up on your Yiddish while you reminisce with Connie.

*Minyan to follow....*

**CLUB ROOM  
1<sup>ST</sup> FLOOR**

**4:45 PM**

### **1<sup>ST</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**6:30 PM**

### **2<sup>ND</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**8:00 PM**

### **WESTERN: "THE MAN FROM LARAMIE"**

(1955) Classic/Western NR 104 minutes

Starring: James Stewart, Arthur Kennedy

*Full synopsis posted in the Lobby & the Activity Book*

**COMMUNITY CENTER  
1<sup>ST</sup> FLOOR**





## THURSDAY, OCTOBER 24, 2019

**9:00 AM-  
11:00 AM**

### **2019 VOTING: LOCAL ELECTIONS**

For members who have completed an absentee ballot, stop in before or after breakfast, from 9am – 11am, to vote in the 2019 Election!

*The West Hartford Registrar of Voters & Ellen will be on hand to assist you.*

**CLUB ROOM  
1<sup>ST</sup> FLOOR**



**9:30 AM**

**MAH JONG REFRESHER & GAMES WITH DONNA**  
*VOLUNTEER DIRECTED*

Calling all Mahjong players...meet in the Café for a game!

**THE CAFÉ  
2<sup>ND</sup> FLOOR**

**11:30 AM**

**YOGA WITH GIA**

Begin your day with an uplifting session of Yoga.

**COMMUNITY CENTER  
1<sup>ST</sup> FLOOR**

**12:00 PM-  
1:00 PM**

**THE SUNDRY SHOP**

We are now open for business!

**THE CAFÉ  
2<sup>ND</sup> FLOOR**

**1:30 PM**

**LECTURE & VIDEO PRESENTATION:**

*SPEAKER: CARNEGIE MELON PROFESSOR, JARED DAY*

**WORLD CULTURES: AN EXPLORATION OF MOROCCO, PT 2**

Join Jared as he shares the history and explores the many sightseeing wonders of Morocco.

**COMMUNITY CENTER  
1<sup>ST</sup> FLOOR**



**3:00 PM**

**WORD MINING WITH SOPHIA**

Don't miss out on the benefits of this challenging game!

**THE CENTER  
2<sup>ND</sup> FLOOR**

**4:10 PM**

**MINYAN, MEMBER DIRECTED**

**CLUB ROOM  
1<sup>ST</sup> FLOOR**

**4:45 PM**

**1<sup>ST</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**6:30 PM**

**2<sup>ND</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**7:00 PM**

**BETH EL TEMPLE PRESENTS:**

*A MUSICAL EVENT ~ "PERFECT SCORES"*

**TICKET HOLDERS**

**8:00 PM**

**THRILLER FILM: "THE GIRL ON THE TRAIN"**

(2016) Suspense/Thriller R 112 minutes


Starring: Emily Blunt, Haley Bennett, Justin Theroux

*Full synopsis posted in the Lobby & the Activity Book*

**COMMUNITY CENTER  
1<sup>ST</sup> FLOOR**



## FRIDAY, OCTOBER 25, 2019

<b>10:00 AM</b>	<b>FALL FOLIAGE DRIVE</b> Join your friends for a scenic ride- destination unknown! Be sure to bring a little pocket money in case we make refreshment stop....	<b>SIGN ACTIVITY BOOK</b>
<b>10:30 AM</b>	<b>SPA MORNING WITH SOPHIA &amp; ELLEN</b> <i>First come, first serve</i> for a hand massage, manicure and even a back rub! Aromatherapy and soothing music will help you “find your center” for the day to come.	<b>THE CENTER 2<sup>ND</sup> FLOOR</b>
 <b>11:30 AM</b>	<b>SIT N’ FIT WITH BETTY</b> Betty uses hand weights and movement to create an exhilarating workout that includes flexibility and muscle building exercises. Don’t miss out on Betty’s class today!	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>1:00 PM</b>	<b>BLOCKBUSTER - BACK BY REQUEST MOVIE:</b> <b>“DRIVING MISS DAISY”</b> (1989) Drama/Social Issues PG 99 minutes Starring: Jessica Tandy, Morgan Freeman, Dan Aykroyd <i>Full synopsis posted in the Lobby &amp; the Activity Book</i>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>3:00 PM</b>	<b>RHODA’S SHORT STORIES</b> “MY MOTHER’S BEST (AND ONLY) RECIPE: BAKED APPLES” Enjoy an hour with Rhoda discussing this week’s short story pick. You can find a copy of the story outside the Wellness Center, near the Activity Sign up book	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>4:10 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>CLUB ROOM 1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>5:37 PM</b>	<b>LIGHT SHABBAT CANDLES</b> <i>Candles are lit in the Dining Room &amp; Front Lobby</i>	<b>DINING ROOM &amp; FRONT LOBBY</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>




## SATURDAY, OCTOBER 26, 2019



<b>9:45 AM</b>	<b>TRANSPORTATION TO SYNAGOGUE SERVICE</b> Please refer to the Activity Sign Up Book for specific listing of synagogues, departure times and return times.	<b>SIGN ACTIVITY BOOK</b>
<b>11:00 AM</b>	<b>SATURDAY FIT CLUB WITH BETH</b> Participants in Beth's class work at their own pace through low-impact exercises designed to create better balance, improve range of motion and encourage muscle endurance.	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>12:00 PM</b>	<b>SNACKS &amp; SNEAK PEEK OF THE WEEK WITH GLENN</b> Come to the Café for a cold drink and snack. Also, next week's calendar is available in your in-house mailboxes for your perusal today.	<b>THE CAFÉ 2<sup>ND</sup> FLOOR</b>
<b>1:30 PM</b>	<b>FAMILY DRAMA FILM: "THE BOOK OF HENRY"</b> (2017) Drama/Family PG-13 105 minutes Starring: Naomi Watts, Jaeden Lieberher, Jacob Tremblay <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:36 PM</b>	<b>SHABBAT ENDS</b>	
<b>8:00 PM</b>	<b>FAMILY DRAMA FILM ENCORE: "THE BOOK OF HENRY"</b> <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER 1<sup>ST</sup> FLOOR</b>

## SUNDAY, OCTOBER 27, 2019

<b>10:30 AM</b>	<b>FIRESIDE CHAT &amp; GAMES WITH SOPHIA</b> Head to the Lobby, after breakfast, to join Sophia in a group discussion, game, trivia.....who knows!	<b>THE LOBBY</b> <b>1<sup>ST</sup> FLOOR</b>
<b>11:30 AM</b>	<b>EXERCISE WITH LIZ</b> Liz will help you get your body moving and the blood flowing, even on a lazy Sunday!	<b>COMMUNITY CENTER</b> <b>1<sup>ST</sup> FLOOR</b>
<b>1:00 PM</b>	 <b>WITH SOPHIA</b> It's Sunday and time for BINGO! Don't forget it only takes a dollar to play. Please be on-time and ready to have fun!	<b>THE CAFÉ</b> <b>2<sup>ND</sup> FLOOR</b>
<b>1:30 PM</b>	<b>THEATERWORKS PRESENTS:</b> <b>"AMERICAN SON"</b>	<b>TICKET HOLDERS</b>
<b>2:00 PM</b>	<b>NEW RELEASE MOVIE: "THE COMMAND"</b> (2019) Based on Real Life PG-13 117 minutes Starring: Colin Firth, Matthias Schoenaerts, Lea Seydoux <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER</b> <b>1<sup>ST</sup> FLOOR</b>
<b>4:10 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>CLUB ROOM</b> <b>1<sup>ST</sup> FLOOR</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<b>NEW RELEASE ENCORE: "THE COMMAND"</b> <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER</b> <b>1<sup>ST</sup> FLOOR</b>

