

## EVENTS & OUTINGS CALENDAR JULY 17, 2017 – JULY 23, 2017



### HOFFMAN SUMMERWOOD SUMMER CONCERT SERIES

- WEDNESDAY, AUGUST 2<sup>ND</sup> ~ THE DICK SANTI ORCHESTRA  
Big Band American Favorites
- WEDNESDAY, AUGUST 9<sup>TH</sup> ~ AIRBORNE  
Cool Jazz, Swing, and Island Music
- WEDNESDAY, AUGUST 16<sup>TH</sup> ~ THE ELDERLY BROTHERS  
'50s & '60s Bandstand; Rock & Roll "Oldie but Goodies"

### MEMBER COUNCIL ANNOUNCED:

It's official! The Member Council Officers for this year were announced at our last full Member Council Meeting. Please join us in welcoming them as our SummerWood Member Representatives:

PRESIDENT.....	BARBARA RUDERMAN
VICE PRESIDENT .....	RHODA FERBER
SECRETARY.....	JOAN WEINBERG
TREASURER.....	GAIL KARASIK
MEMBER AT LARGE.....	SHIRLEY GERROL

CONGRATULATIONS!




*A Warm Welcome to the newest members of  
our SummerWood Family  
ARLINE & DAVID WOLANSKY!*



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## MONDAY, JULY 17, 2017


<b>9:00 AM</b>	<b>MOHEGAN SUN TRIP</b> Good luck to everyone and have fun!	<b>SIGN ACTIVITY BOOK</b>
<b>11:30 AM</b>	<b>SIT N' FIT WITH BETTY</b> It may be too hot outside, but it is a perfect morning to exercise with Betty inside! Join her for an energetic, total body workout that focuses on toning and strengthening.	<b>COMMUNITY CENTER</b>
<b>12:00 PM- 1:00 PM</b>	<b>THE SUNDRY SHOP IS OPEN!</b> Summertime is here and our shopkeepers have been busy restocking. Make sure you stop by to see the new merchandise in our Sundry Shop!	<b>THE CAFÉ</b>
<b>12:15 PM</b>	<b>AFTERNOON SOCIAL</b> Stop in for a cool beverage and a snack!	<b>THE CAFÉ</b>
<b>1:00 PM</b>	<b>MEMBER REQUESTED FOREIGN FILM: "THE CHORUS: LES CHORISTES"</b> (2004) Foreign/Drama PG-13 97 minutes Starring: Gerard Jugnot, Francois Berleand <b>*Movie in French with English Subtitles</b> <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER</b> 
<b>3:00 PM</b>	<b>WORD MINING</b> Exercising your brain is just as important as exercising your body. Stop in for a great cognitive workout! Word Mining: fun, challenging and entertaining!	<b>WELLNESS CENTER</b>
<b>4:10 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>THE CENTER</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<b>FOREIGN FILM ENCORE: "THE CHORUS"</b> <b>*Movie in French with English Subtitles</b> <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER</b>



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## TUESDAY, JULY 18, 2017

9:00 AM	<b>BRIDGE AT WEST HARTFORD SENIOR CENTER</b>	<b>SIGN ACTIVITY BOOK</b>
10:00 AM	<b>FINE ART WITH PAUL</b> Stop by the Center today and take your first steps to exploring a wonderfully therapeutic, creative outlet.	<b>THE CENTER</b>
11:30 AM	<b>YOGA WITH PAM</b> Yoga incorporates beneficial breathing techniques and an overall mind and body workout.	<b>COMMUNITY CENTER</b>
1:00 PM	<b>PLAYHOUSE ON PARK PRESENTS:</b> <b><i>"THE COMPLETE WORKS OF WILLIAM SHAKESPEARE"</i></b> *Sign Activity Book. Staff will notify members on the waiting list of cancellations and/or available tickets.	<b>TICKET HOLDERS</b>
2:00 PM	<b>LECTURE &amp; VIDEO PRESENTATION</b> <b>BIOGRAPHY OF EUROPE: KING HENRY VIII</b> <b>AND THE ORIGINS OF MODERN BRITAIN</b> <i>Lecturer: Jared Day, Carnegie Mellon Professor</i> This lecture examines the life and times of Britain's most infamous monarch and explores how Henry's policies created a new, more centralized state which left the king far more powerful and, ironically, more dependent than ever on nascent, democratic institutions such as Parliament.	<b>COMMUNITY CENTER</b> 
3:00 PM	<b>MUSICAL BINGO WITH ELLEN</b> This is not your ordinary bingo.... this is bingo with a musical twist! Bring a \$1.00 to play!	<b>THE CAFÉ</b>
3:45 PM	<b>MINYAN, MEMBER DIRECTED</b>	<b>THE CENTER</b>
4:45 PM	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
6:30 PM	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
8:00 PM	<b>ACTION/ADVENTURE MOVIE:</b> <b><i>"NATIONAL TREASURE: BOOK OF SECRETS"</i></b> (2007) Action/Adventure PG 124 minutes Starring: Nicolas Cage, Jon Voight, Helen Mirren <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER</b>



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## WEDNESDAY, JULY 19, 2017

<b>11:30 AM</b>	<b>SIT N' FIT WITH BETTY</b> Keep your body trim and limber with a full body workout. This class is great for all levels of fitness!	<b>COMMUNITY CENTER</b>
<b>12:00 PM</b>	<b>WEST HARTFORD SENIOR CENTER END OF THE YEAR PICNIC!</b>	<b>TICKET HOLDERS</b>
<b>12:00 PM- 1:00 PM</b>	<b>THE SUNDRY SHOP IS OPEN!</b> Our shopkeepers are the best! Always willing to help you find what you need and always there with a smile.	<b>THE CAFÉ</b>
<b>12:00 PM</b>	<b>AFTERNOON HYDRATION BREAK!</b> Take a break during your busy day for a refreshing cold beverage and a light snack. Coffee & cocoa also served.	<b>THE CAFÉ</b>
<b>1:00 PM</b>	<b>DOCUMENTARY: "SECRET YELLOWSTONE"</b> (2007) 47 minutes National Geographic / Parks Collection Celebrate the wonders of our beautiful National Parks with a breathtaking video that takes you beyond the tourist hot spots and explores this amazing place as never before!	<b>COMMUNITY CENTER</b> 
<b>2:00 PM</b>	 It's time for BINGO! Please bring your \$1.00 to play!	<b>THE CAFÉ</b>
<b>3:00 PM</b>	<b>YIDDISH WITH CONNIE</b> Calling all members interested in speaking Yiddish! Connie is here every week to help you get reacquainted with this beloved language.	<b>WELLNESS CENTER</b>
<b>4:10 PM</b>	<b>MINYAN, MEMBER DIRECTED</b>	<b>THE CENTER</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<b>REAL LIFE DRAMA: "THE MONUMENTS MEN"</b> (2014) Drama/War PG-13 110 minutes Starring: George Clooney, Bill Murray, Matt Damon <i>Full synopsis posted in the Lobby &amp; Activity Book.</i>	<b>COMMUNITY CENTER</b>



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## THURSDAY, JULY 20, 2017

**11:30 AM**

### **YOGA WITH GIA**

Gia's Yoga class is a physical, mental, and spiritual practice that will have you feeling wonderful! Come early for your spot in one of SummerWood's most well-attended classes!

**WELLNESS CENTER**

**1:00 PM**

### **HAPPY 100<sup>TH</sup> BIRTHDAY HYMAN!**

*Please stop by to wish Hyman a very happy birthday!*

Help us celebrate Hyman Graber's very special milestone birthday, along with his family and friends. Enjoy an afternoon of remembrance, music and birthday cake!

**C OMMUNITY CENTER**



**3:00 PM**

### **DISCUSS & DISCOVER WITH ELLEN**

It's that time of the year when people flock to many of the 59 protected areas in America known as our National Parks. Join Ellen as we "travel" to some of the most beautiful destinations in the United States. Facts, information and "campfire" story telling are all in order!

**WELLNESS CENTER**



**4:10 PM**

### **MINYAN, MEMBER DIRECTED**

**THE CENTER**

**4:45 PM**

### **1<sup>ST</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**6:30 PM**

### **2<sup>ND</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**8:00 PM**

### **THURSDAY EVENING MOVIE:**

#### **"THE BUCKET LIST"**

(2007) Comedy/Emotional PG-13 97 minutes

Starring: Jack Nicholson and Morgan Freeman

*\*Please note this film will be shown in the Wellness Center on the 2<sup>nd</sup> floor.*

*Full synopsis posted in the Lobby & Activity Book*

**WELLNESS CENTER**







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## FRIDAY, JULY 21, 2017

<b>9:30 AM</b>	<b>ERRANDS &amp; SHOPPING: BISHOPS CORNER</b> Big Y, Crown Market, Marshalls, Harvey & Lewis.... <i>Refer to Activity Book for a full listing of stores available.</i> <i>*Return time - 11:00am.</i>	<b>SIGN ACTIVITY BOOK</b>
<b>11:30 AM</b>	<b>SIT N' FIT WITH BETTY</b> Having a hard time getting up and going in the morning? Take advantage of Betty's motivational exercise class that will start your day off right and keep you energized all day long.	<b>COMMUNITY CENTER</b>
<b>12:45 PM</b>	<b>Q.U.I.E.T TIME WITH JOAN CARNEY</b> This is your opportunity to ask Questions, get Updates, and Information, receive Explanations and Talk with our Executive Director, Joan Carney. **Please submit your questions in the suggestion box located in the front lobby. <i>All members are strongly encouraged to attend.</i>	<b>COMMUNITY CENTER</b>
<b>3:00 PM</b>	<b>HAPPY HOUR WITH JIM &amp; OMARI</b> Before heading to Shabbat Service, join the fellas in the Café for a light snack, good conversation with friends, and some liquid refreshments!	<b>THE CAFÉ</b> 
<b>4:00 PM</b>	 <b>SHABBAT SERVICE</b> Join Rabbi Dan for Friday Night Shabbat Service.	<b>COMMUNITY CENTER</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:02 PM</b>	<b>CANDLE LIGHTING</b>	<b>DINING ROOM &amp; FRONT LOBBY</b>





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## SATURDAY, JULY 22, 2017

<b>9:45 AM</b>	<b>TRANSPORTATION TO SYNAGOGUE SERVICE</b> Please refer to Activity Sign Up Book for specific listing of Synagogues, departure times and return times.	<b>SIGN ACTIVITY BOOK</b>
<b>11:30 AM</b>	<b>SATURDAY FIT CLUB WITH BETH</b> If you haven't attended Beth's class yet, then there's no time like the present! Beth will assist you in getting your weekend started off right- both physically and mentally.	<b>COMMUNITY CENTER</b>
<b>12:00 PM</b>	<b>SNACKS &amp; SNEAK PEEK OF THE WEEK WITH DERRICK</b> Join Derrick in the Café for a beverage, a snack and to discuss upcoming events and outings. A friendly reminder, please pick up your Activity and Outings schedule located in your in-house mailboxes in the Center.	<b>THE CAFÉ</b>
<b>1:30 PM</b>	<b>NEW RELEASE /ACADEMY AWARD WINNING MATINEE MOVIE: "FENCES"</b> (2016) Drama/Period Piece PG-13 139 minutes Starring: Denzel Washington, Viola Davis <i>Full synopsis posted in the Lobby &amp; in the Activity Book</i>	<b>COMMUNITY CENTER</b>
<b>4:45 PM</b>	<b>1<sup>ST</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>6:30 PM</b>	<b>2<sup>ND</sup> REGULAR DINNER SEATING</b>	<b>DINING ROOM</b>
<b>8:00 PM</b>	<b>SATURDAY NIGHT MOVIE ENCORE: "FENCES"</b> <i>Full synopsis posted in the Lobby &amp; in the Activity Book.</i>	<b>COMMUNITY CENTER</b>
<b>9:08 PM</b>	<b>SHABBAT ENDS</b>	



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## SUNDAY, JULY 23, 2017

**9:45 AM TRANSPORT TO RELIGIOUS SERVICE**

**SIGN ACTIVITY BOOK**

**11:00 AM EXERCISE WITH LIZ**

**COMMUNITY CENTER**

Rain or shine, hot or cold....SummerWood offers exercise seven days a week! Liz is here every Sunday to help you get motivated, increase muscular strength and improve your range of motion.

**12:00 PM BINGO WITH BETTE & RUTH!**

**THE CAFÉ**

Join your friends and neighbors for a game of Bingo! A big thank you to Bette and Ruth, who have graciously volunteered to run bingo while Ellen is away today. Please help the ladies out by bringing your \$1.00 to play and arriving in a timely manner.



**1:30 PM NEW RELEASE COMEDY MOVIE:  
"THE LAST WORD"**

**COMMUNITY CENTER**

(2017) R Independent Film/ Comedy 118 minutes  
Starring: Shirley MacLaine, Amanda Seyfried  
*Full synopsis posted in the Lobby & Activity Book.*

**4:10 PM MINYAN, MEMBER DIRECTED**

**THE CENTER**

**4:45 PM 1<sup>ST</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**6:30 PM 2<sup>ND</sup> REGULAR DINNER SEATING**

**DINING ROOM**

**8:00 PM NEW RELEASE COMEDY ENCORE:  
"THE LAST WORD"**

**COMMUNITY CENTER**

*Full synopsis posted in the Lobby & in the Activity Book.*