

EVENTS & OUTINGS CALENDAR
MAY 15, 2017 – MAY 21, 2017



LOOKING FORWARD....

- MAY 22ND ~ *LUNCH AT AVON OLD FARMS HOTEL*
- MAY 30TH ~ *DRUMMING WITH TRACEY KROLL*
- JUNE 2ND ~ *MAY-A-THON CELEBRATION!*

FOR YOUR CONVENIENE COPIES OF **THE DAILY MENU ARE POSTED IN THE LOBBY ON THE TABLE NEXT TO SHABBAT CANDLES, OUTSIDE OF THE FRONT DOORS OF THE DINING ROOM, AND ON THE TABLE OUTSIDE OF THE COMMUNITY CENTER.*



ENJOY THE BEAUTIFUL FLOWERS THAT ARE SPRINGING UP ALL OVER SUMMERWOOD & SEE OUR MEMBERS WHO HAVE A RENEWED SPRING IN THEIR STEP AS THEY GET INSPIRED BY THE MAY-A-THON!

**DON'T FORGET TO POST YOUR DAILY MILEAGE IN THE LOBBY!*

“May flowers always line your path and sunshine light you day. May songbirds serenade you every step along the way. May a rainbow run beside you in a sky that’s always blue. And may happiness fill your heart each day your whole life through.”



Hoffman SummerWood Community

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MONDAY, MAY 15, 2017

10:00 AM	SHOPPING: COPACO <i>See the Activity Book for a full listing of stores available.</i>	SIGN ACTIVITY BOOK
11:30 AM	SIT N' FIT WITH BETTY Stretching and strengthening exercises, energized with music, Betty's class will put some pep in your step!	WELLNESS CENTER
		
12:30 PM	MAY BIRTHDAY CELEBRATION & ENTERTAINMENT WITH LARRY BATTER It's time to celebrate the birthday milestones of friends and neighbors who were born in the month of May. Enjoy the musical sounds of Larry Batter, some birthday cake and ice cream too! <i>*Everyone is invited. Please be on time!</i>	COMMUNITY CENTER
3:00 PM	WORD MINING Whether you're learning it for the first time or a seasoned player, you will enjoy this cognitive challenge; look out because it can be very addicting!	WELLNESS CENTER
4:10 PM	MINYAN, MEMBER DIRECTED	THE CENTER
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	EBNER'S MOVIE PICK: "LIVE AND BECOME" (2005) Foreign/Drama NR 140 minutes Starring: Yael Abecassis, Roschdy Zem <i>*Movie is spoken in Hebrew with English Subtitles</i> <i>Full synopsis posted in the Lobby & Activity Book</i>	COMMUNITY CENTER





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TUESDAY, MAY 16, 2017

9:00 AM	BRIDGE AT WEST HARTFORD SENIOR CENTER	SIGN ACTIVITY BOOK
9:30 AM	SCRABBLE WITH MICHAEL Play this fun and challenging word game with Michael!	THE CAFÉ
10:00 AM	FINE ART WITH PAUL Our instructor Paul thrives on encouraging members who have never participated in his class before to find their inner artist, and to assist our seasoned artists as well!	THE CENTER
11:30 AM	YOGA WITH PAM Pam's class is fashioned with our members in mind by performing Yoga movements right from your chair!	COMMUNITY CENTER
		
1:00 PM	FAVORITE CLASSIC MUSICAL: "KISS ME KATE" (1953) Classic/Musical NR 110 minutes Starring: Kathryn Grayson, Howard Keel <i>Full synopsis posted in the Lobby & Activity Book.</i>	WELLNESS CENTER
2:00 PM	TIBETAN DRUM VIBRATIONAL HEALING Join Marie Menut, RN, Founder of The Vibrational Healing Center, as she introduces you to Tibetan sound instruments and vibrational healing at the cellular level.	COMMUNITY CENTER
3:00 PM	MAY-A-THON WII BOWLING WITH JIM Have you ever tried Wii Bowling? Join Jim in this fun game that you can play while standing or staying seated!	WELLNESS CENTER
		
4:10 PM	MINYAN, MEMBER DIRECTED	THE CENTER
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	FAVORITE CLASSIC MUSICAL ENCORE: "KISS ME KATE" <i>Full synopsis posted in the Lobby & Activity Book.</i>	COMMUNITY CENTER



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WEDNESDAY, MAY 17, 2017

9:00 AM	BRIDGE IN BLOOMFIELD	SIGN ACTIVITY BOOK
11:30 AM	SIT N' FIT WITH BETTY Make exercise a part of your daily routine. Participation at your own pace as Betty guides you through a program that will energize you!	COMMUNITY CENTER
		
12:00 PM- 1:00 PM	SUNDRY SHOP IS OPEN! The Sundry Shop is now open and our Shopkeepers are more than happy to help you find what you need!	THE CAFÉ
12:15 PM	AFTERNOON COFFEE SOCIAL Stop by the Café for a cup of something hot or cold and a quick game of cards before the movie!	THE CAFÉ
1:00 PM	WEDNESDAY WESTERN MOVIE: "A BIG HAND FOR THE LITTLE LADY" (1966) Classic/Western NR 95 minutes Starring: Joanne Woodward, Henry Fonda <i>Full synopsis posted in the Lobby & Activity Book.</i>	COMMUNITY CENTER
1:30 PM	AFTERNOON RELAXATION & MEDITATION WITH KATELYN Meditation helps relieve stress, and promotes overall well being and happiness. Members have been taking advantage of this program and are asking for more! Please be on time so not to disturb the class in progress. You will be glad you came!	WELLNESS CENTER
3:00 PM	MAY-A-THON ~ SHOOT THE HOOP! Calling all basketball or want to be basketball players! Enjoy this challenging ball game while earning miles towards the May-a-thon. Our top scorers will win a prize!	WELLNESS CENTER
		
4:10 PM	MINYAN, MEMBER DIRECTED	THE CENTER
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM
8:00 PM	WEDNESDAY WESTERN ENCORE: "A BIG HAND FOR THE LITTLE LADY" <i>Full synopsis posted in the Lobby & Activity Book.</i>	COMMUNITY CENTER



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THURSDAY, MAY 18, 2017

10:00 AM	FIRE SAFETY WITH JAY It's very important for our members to be informed and up to date with current procedures and policies regarding Fire Safety. <i>*Members are strongly encouraged to attend.</i>	WELLNESS CENTER
10:30 AM	HERE WE GROW ~ COMMUNITY GARDEN Planting and maintaining our outdoor gardens take many hands and lots of nurturing. Join Cynthia and Larry for an hour of good company and the beautiful outdoors!	THE CENTER/ NORTH SIDE PATIO
11:30 AM 	YOGA BY GIA Yoga is a great way to improve overall health and well-being start your day off right with Gia's Chair Yoga!	COMMUNITY CENTER
11:30 AM	PRESIDENT'S COLLEGE 2017 LECTURE SERIES "HYPNOSIS: IS IT WHAT YOU THINK IT IS?" SPEAKER: LEN MILLING, PHD. This presentation explores what we know about hypnosis based upon research in psychology.	SIGN ACTIVITY BOOK
12:00PM- 2:00 PM	LOVE USING THE PHONE AGAIN! A representative from Clear Captions will be available to provide information on how you may qualify to receive a free "voice to text" phone. Stop in to ask questions about available equipment to help members with hearing loss.	THE CAFÉ
12:30 PM	LIVE MUSIC & SENIOR DANCE! <i>W.H. SENIOR CENTER FEATURES ~ THE HIGH-TONES</i>	SIGN ACTIVITY BOOK
1:00 PM 	MAY-A-THON AFTERNOON AMBLING WITH STAFF If the weather cooperates, take advantage of a stroll outside. If not, enjoy a stroll indoors with staff.	MEET IN THE LOBBY
2:00 PM	RHODA'S SHORT STORY This week's short story pick is, <i>"What Women Get From Work."</i> Copies are located outside the Wellness Center.	WELLNESS CENTER
4:10 PM	MINYAN, MEMBER DIRECTED	THE CENTER
4:45 PM	1ST REGULAR DINNER SEATING	DINING ROOM
6:30 PM	2ND REGULAR DINNER SEATING	DINING ROOM



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FRIDAY, MAY 19, 2017

9:15 AM	ERRANDS & SHOPPING: BISHOPS CORNER 1ST DEPARTURE Big Y, Crown Market, Marshalls, Harvey & Lewis.... <i>Refer to Activity Book for a full listing of stores available.</i>	SIGN ACTIVITY BOOK
10:15 AM	ERRANDS & SHOPPING: BISHOPS CORNER 2ND DEPARTURE	SIGN ACTIVITY BOOK
10:30 AM	FRIDAYS WITH KATELYN “MEDITATION” Peace and relaxation are the order for the day.....	WELLNESS CENTER
11:30 AM	 SIT N’ FIT WITH BETTY Hand weights and movement are used to create an exhilarating, total body workout that includes flexibility and muscle building exercises.	COMMUNITY CENTER
12:30 PM	BINGO WITH KATELYN Join Katelyn, in the Café, for a friendly game of Bingo!	THE CAFÉ
1:30 PM	EBNER’S MOVIE PICK ENCORE: “LIVE AND BECOME” (2005) Foreign/Drama NR 140 minutes Starring: Yael Abecassis, Roschdy Zem <i>*Movie in Hebrew with English Subtitles</i> <i>Full synopsis posted in the Lobby & Activity Book.</i>	COMMUNITY CENTER
4:00 PM	SHABBAT SERVICE Join Rabbi Dan for Friday Night Shabbat Service.	COMMUNITY CENTER
4:45 PM	1ST DINNER SEATING	DINING ROOM
6:30 PM	2ND DINNER SEATING	DINING ROOM
7:50 PM	CANDLE LIGHTING	DINING ROOM & FRONT LOBBY



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SATURDAY, MAY 20, 2017



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| 9:45 AM | TRANSPORTATION TO SYNAGOGUE SERVICE
Please refer to Activity Sign Up Book for specific listing of Synagogues, departure times and return times. | SIGN ACTIVITY BOOK |
| 11:30 AM | SATURDAY FIT CLUB WITH BETH
Beth offers you the opportunity to attend an exercise class that will help you maintain balance, strength and increase your range of motion. A great way to begin your weekend! | COMMUNITY CENTER |
|  | | |
| 12:00 PM | SNACKS & SNEAK PEEK OF THE WEEK WITH DAVID
Enjoy a cool beverage, a snack and great conversation with your friends and neighbors. Don't forget to check for next week's Events & Outings Calendar, available in your in-house mailbox located in the Center. | THE CAFÉ |
| 1:30 PM | NEW RELEASE MATINEE MOVIE:
"PATRIOTS DAY"
(2016) Drama/Based on Real life R 133 minutes
Starring: Mark Wahlberg, Kevin Bacon, John Goodman
<i>Full synopsis posted in the Lobby & in the Activity Book.</i> | COMMUNITY CENTER |
| 4:45 PM | 1ST DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND DINNER SEATING | DINING ROOM |
| 8:00 PM | NEW RELEASE ENCORE MOVIE:
"PATRIOTS DAY"
<i>Full synopsis posted in the Lobby & in the Activity Book.</i> | COMMUNITY CENTER |
| 8:58 PM | SHABBAT ENDS | |



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SUNDAY, MAY 21, 2017

9:45 AM	TRANSPORT TO RELIGIOUS SERVICE	SIGN ACTIVITY BOOK
11:00 AM	EXERCISE WITH LIZ Liz will help you get your body moving and the blood flowing, even on a lazy Sunday!	COMMUNITY CENTER
		
12:30 PM	SUNDAY BINGO! Bring your dollar, try your luck and see if today is the day you get to shout “BINGO!”	THE CAFÉ
2:00 PM	INSTRUMENTAL CONCERT WTH THE SHUVAH WORSHIP TEAM The Shuvah Worship Team, including our own Front Desk staff member, China, is back by popular demand! They will be here to perform both modern and traditional Jewish music. Everyone is welcome to join in for an afternoon of song!	COMMUNITY CENTER
4:10 PM	MINYAN, MEMBER DIRECTED	THE CENTER
4:45 PM	1ST DINNER SEATING	DINING ROOM
6:30 PM	2ND DINNER SEATING	DINING ROOM
8:00 PM	SUNDAY NIGHT AT THE MOVIES: “ONE FINE DAY” (1996) Romantic/Comedy PG 108 minutes Starring: Michelle Pfeiffer, George Clooney <i>Full synopsis posted in the Lobby & in the Activity Book.</i>	COMMUNITY CENTER

