

EVENTS & OUTINGS CALENDAR
SEPTEMBER 25, 2017 – OCTOBER 1, 2017



- OCTOBER 7TH “NORMA” METROPOLITAN OPERA AT BLOOMFIELD DIGIPLEX
- OCTOBER 8TH “BEETHOVEN’S EROICA” HARTFORD SYMPHONY ORCHESTRA
- OCTOBER 14TH “DIE ZAUBERFLOTE” METROPOLITAN OPERA- BLOOMFIELD DIGIPLEX
- OCTOBER 15TH “AUGUST: OSAGE COUNTRY” AT UNIVERSITY OF HARTFORD
- OCTOBER 19TH FALL FOLIAGE CRUISE WITH CONNECTICUT RIVERQUEST
- OCTOBER 22ND “EVITA” AT UNIVERSITY OF HARTFORD
- OCTOBER 22ND “ LE CORSAIRE“ BOLSHOI BALLET AT BLOOMFIELD DIGIPLEX
- OCTOBER 29TH “DIARY OF ANNE FRANK” AT PLAYHOUSE ON PARK
- OCTOBER 30TH “OPENING OF VILNA” - MAURICE GREENBERG LECTURE (UHART)
- OCTOBER 31ST “THE DELIGHTS OF ART” AT PROSSER LIBRARY


Check the Activity Sign-Up Book for more details on upcoming outings...




- Please note the special dinner times, **FRIDAY, SEPTEMBER 29TH** in observance of **YOM KIPPUR**. First dinner seating will begin at 3:00 PM; second seating will begin at 4:45 PM. Members who are fasting for the holiday, please notify the front desk in order for the kitchen to prepare your meal pick up for when you break the fast.
- Due to the holiday schedule the Footcare Nurse will be here on Monday, October 1st; please make your appointments with the front desk.
- Please be considerate to your friends and neighbors by being timely to scheduled programs as to minimize the disruption.

Thank you!

MONDAY, SEPTEMBER 25, 2017

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| 10:00 AM | MANCHESTER STORES & RESTAURANTS Evergreen Walk, Buckland Hills Mall or Christmas Tree Shops, you choose which of these locations you want to visit and we will get you there! Shop, have a bite to eat and enjoy the fall afternoon! | SIGN ACTIVITY BOOK |
| 11:30 AM  | SIT N' FIT WITH BETTY Begin your day with a great exercise program with Betty! Stretching, moving to music, and strength exercises help to maintain your physical health! | COMMUNITY CENTER 1ST FLOOR |
| 12:00 PM- 1:00 PM | THE SUNDRY SHOP IS OPEN See what's new at the Sundry Shop! Our shopkeepers would be happy to help in any way they can! | THE CAFÉ 2ND FLOOR |
| 12:00 PM | JCC BOOK CLUB "THE BEAUTIFUL POSSIBLE" BY AMY GOTTLIEB | BOOK CLUB MEMBERS |
| 1:00 PM | MONDAY MATINEE MOVIE: "UNFINISHED SONG" (2012) Comedy/Drama PG-13 93 minutes Starring: Terence Stamp, Gemma Arterton <i>Full synopsis posted in the Lobby & the Activity Book</i> | COMMUNITY CENTER 1ST FLOOR |
| 3:00 PM | WORD MINING Flex your mind muscles with this challenging and fun word game! | WELLNESS CENTER 2ND FLOOR |
| 4:15 PM | MINYAN, MEMBER DIRECTED | CLUB ROOM 1ST FLOOR |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 8:00 PM | MONDAY MOVIE ENCORE: "UNFINISHED SONG" <i>Full synopsis posted in the Lobby & the Activity Book</i> | COMMUNITY CENTER 1ST FLOOR |

TUESDAY, SEPTEMBER 26, 2017

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| 9:00 AM | BRIDGE AT THE WEST HARTFORD SENIOR CENTER | SIGN ACTIVITY BOOK |
| 10:00 AM | FINE ART WITH PAUL Join Paul for an enlightening, engaging and artistic experience. | THE CENTER 2ND FLOOR |
| 11:30 AM | CHAIR YOGA WITH PAM Pam leads a gentle-style yoga class that incorporates the same mind and body benefits of a traditional yoga class. | COMMUNITY CENTER 1ST FLOOR |
| 12:15 PM | “THE DELIGHTS OF ARTS” FILMS & CONVERSATION AT PROSSER LIBRARY “ <i>Art in America</i> ” is the first installment of a series that is a mix of art and history beginning with portraits of Native Americans by a Jamestown colonist. | SIGN ACTIVITY BOOK |
| 2:00 PM | BIOGRAPHY OF EUROPE: IVAN THE TERRIBLE AND THE POLITICS OF EARLY MODERN RUSSIA LECTURE & VIDEO PRESENTATION WITH CARNEGIE MELLON PROFESSOR, JARED DAY This lecture examines one of the most infamous figures in Russian history, Czar Ivan the Terrible. Ivan initiated a dramatic period of Russian expansion that swept aside centuries-old empires and announced Russia as a power to be reckoned with. | COMMUNITY CENTER 1ST FLOOR |
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| 3:10 PM | SENIOR VOICES WITH ANDY WEIL “EXCUSES?” Our writing focus today will encourage an active discussion and lots of laughter! | THE CENTER 2ND FLOOR |
| 4:15 PM | MINYAN, MEMBER DIRECTED | CLUB ROOM 1ST FLOOR |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 8:00 PM | OCSAR WINNING COMEDY: “MY COUSIN VINNY” (1992) Comedy R 120 minutes Starring: Joe Pesci, Marisa Tomei, Ralph Macchio <i>Full synopsis posted in the Lobby & the Activity Book</i> | COMMUNITY CENTER 1ST FLOOR |

WEDNESDAY, SEPTEMBER 27, 2017

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| 11:30 AM | SIT N' FIT WITH BETTY Regular exercise is the best way to stay healthy and fit. Betty's class focuses on balance, strength training and endurance to help you achieve your fitness goals. | COMMUNITY CENTER 1ST FLOOR |
| 12:00 PM- 1:00 PM | THE SUNDRY SHOP IS OPEN Fall is here and our shopkeepers have been busy cleaning out old stock in order to bring in some new! | THE CAFÉ 2ND FLOOR |
| 1:00 PM | MEMBER COUNCIL MEETING This is the perfect opportunity to let your voice be heard! SummerWood managers will give brief department updates and the meeting will continue for members to discuss SummerWood members' ideas and concerns. <i>All members are strongly encouraged to attend.</i> | Community Center 1ST FLOOR |
| 2:00 PM | HAPPY HOUR WITH JIM & ELLEN Stop in to mingle with friends, enjoy a cocktail and some lively music! | THE CAFÉ 2ND FLOOR |
| 3:00 PM | YIDDISH W/CONNIE Come and enjoy Yiddish conversation, discussion and stories. Connie will also play some of our favorite, classic Israeli music. Everyone is encouraged to come listen and participate. You do not need to speak Yiddish to enjoy Connie's class. | THE CENTER 2ND FLOOR |
| 4:15 PM | MINYAN, MEMBER DIRECTED | CLUB ROOM 1ST FLOOR |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 8:00 PM | LADIES CHOICE MOVIE: "A WALK IN THE CLOUDS" (1995) Romantic/Drama PG-13 102 minutes Starring: Keanu Reeves, Aitana Sanchez- Gijon, Anthony Quinn <i>Full synopsis posted in the Lobby & Activity Book.</i> | Community Center 1ST FLOOR |



THURSDAY, SEPTEMBER 28, 2017

10:00 AM

PET THERAPY WITH SUE & MICKEY!

If you haven't met Mickey yet.... he is a calm, lovable dog that will remind you of Petey from the Little Rascals! Mickey and his trainer, Sue, will be strolling throughout SummerWood for friendly visits. Don't be afraid to stop and say hello!

**STROLLING
SUMMERWOOD**

11:30 AM

YOGA WITH GIA

Even though Gia is not here today, you can still ground your mind and body with Gia's Yoga video.

**COMMUNITY CENTER
1ST FLOOR**

1:00 PM

**"OUR AMERICAN ADVENTURE CONTINUES!"
DISCUSS & DISCOVER WITH MARY & ELLEN**

Enjoy a slideshow presentation and discussion of Mary and Ellen's American Adventure! A personal look at the rich history and beauty of each destination. After visiting Norfolk, VA and the Commission Ceremony of the USS Gerald R Ford, we stopped off at Mt. Vernon, the home of our first president, on our way to Washington, DC, Pennsylvania Amish Country, and ending in historic Gettysburg, Pennsylvania!

**COMMUNITY CENTER
1ST FLOOR**



3:00 PM

RHODA'S SHORT STORIES

"THE BEST SEAT IN THE HOUSE"

Join Rhoda for her educational and entertaining group as she leads the discussion on her short story pick, "*The Best Seat in the House*". Copies can be found outside the Wellness Center on the Activity Desk.

**COMMUNITY CENTER
1ST FLOOR**

4:15 PM

MINYAN, MEMBER DIRECTED

**CLUB ROOM
1ST FLOOR**

4:45 PM

1ST REGULAR DINNER SEATING

DINING ROOM

6:30 PM

2ND REGULAR DINNER SEATING

DINING ROOM

8:00 PM

MEN'S CHOICE MOVIE: "A FEW GOOD MEN"

(1992) Drama, Thriller R 138 minutes

Starring: Tom Cruise, Jack Nicholson, Demi Moore

Full synopsis posted in the Lobby & Activity Book.

**COMMUNITY CENTER
1ST FLOOR**

FRIDAY, SEPTEMBER 29, 2017

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| 9:30 AM | ERRANDS & SHOPPING: BISHOPS CORNER Big Y, Crown Market, Marshalls, Harvey & Lewis.... Refer to Activity Book for a full listing of stores available. | SIGN ACTIVITY BOOK |
| 11:30 AM | SIT N' FIT WITH BETTY Group exercise at just the right pace. A morning program that is sure to get your body moving! | COMMUNITY CENTER 1ST FLOOR |
| 1:00 PM | BINGO WITH THE GUYS Bring your dollar and take a chance at making it grow! | THE CAFÉ 2ND FLOOR |
| 3:00 PM | 1ST EARLY DINNER SEATING | DINING ROOM |
| 4:15 PM | 2ND EARLY DINNER SEATING | DINING ROOM |
| 6:18 PM | LIGHT SHABBAT/HOLIDAY CANDLES | THE LOBBY |
| 8:00 PM | KOL NIDRE WITH RABBI DAN | COMMUNITY CENTER 1ST FLOOR |



EREV YOM KIPPUR

SATURDAY, SEPTEMBER 30, 2017



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| 9:45 AM | TRANSPORTATION TO SYNAGOGUE SERVICE Please refer to Activity Sign Up Book for specific listing of synagogues, departure times and return times. | SIGN ACTIVITY BOOK |
| 1:00 PM | YOM KIPPUR EXPERIENCE with Rabbi Dan Join Rabbi Dan for Yizkor, a Drasha and some highlights of the Yom Kippur Service. | COMMUNITY CENTER 1ST FLOOR |
| | **MEMBERS FASTING FOR YOM KIPPUR** PLEASE NOTIFY THE DESK TO HAVE YOUR MEAL PICKED UP FROM THE KITCHEN TO BREAK THE FAST | |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 7:15 PM | SHABBAT/HOLIDAY ENDS | |





SUNDAY, OCTOBER 1, 2017

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| 9:45 AM | TRANSPORT TO RELIGIOUS SERVICE | COMMUNITY CENTER 1ST FLOOR |
| 11:00 AM | <p>EXERCISE WITH LIZ Liz will help you to get your blood flowing, even on a lazy Sunday! She uses hand weights, elastic tubing and balls that offer resistance, ensuring a thorough conditioning program.</p> | COMMUNITY CENTER 1ST FLOOR |
| 12:00 PM | <p> WITH ELLEN Bingo is a game of luck and chance. Join us in the Café and see if “lady luck” is shining on you! <i>Bring \$1.00 to play!</i></p> | THE CAFÉ 2ND FLOOR |
| 1:30 PM | <p>NEW RELEASE/MEMBER REQUESTED MOVIE: “THE SHACK” (2017) Drama/Emotional PG-13 132 minutes Starring: Sam Worthington, Octavia Spencer, Tim McGraw <i>Full synopsis posted in the Lobby & in the Activity Book.</i></p> | COMMUNITY CENTER 1ST FLOOR |
| 3:00 PM | <p>GAMES WITH FRIENDS- MEMBER DIRECTED Meet your friends, in the Café for a game of your choice!</p> | THE CAFÉ 2ND FLOOR |
| 1:45 PM | MUSIC AT THE MOVIES | TICKET HOLDERS |
| 4:15 PM | MINYAN, MEMBER DIRECTED | CLUB ROOM 1ST FLOOR |
| 4:45 PM | 1ST REGULAR DINNER SEATING | DINING ROOM |
| 6:30 PM | 2ND REGULAR DINNER SEATING | DINING ROOM |
| 8:00 PM | <p>NEW RELEASE/REQUESTED MOVIE ENCORE: “THE SHACK” <i>Full synopsis posted in the Lobby & in the Activity Book.</i></p> | COMMUNITY CENTER 1ST FLOOR |